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The Real Food™ Multi-Vitamin/Multi-Mineral by NutriHarmony™ Essential Nutrients, Globally Designed, Energy Preserved Real Live Food

To gain an appreciation of this advancement in nutrition you need to understand two points: first, what a vitamin really is, what it does and why we must consume them, second, a description of the 15 years of research and effort that it took to create this new standard in precision nutrient delivery.

A vitamin is a complex organic substance, essential for human health and life. Vitamins are metabolic regulators and play a major role in energy production in our bodies. Each vitamin is a group of delicately composed integrated compounds. True health and life sustaining vitamins are food-derived complexes. Just as the most brilliant minds today are incapable of producing a single blade of grass artificially, the complexity of a true vitamin compound cannot be produced artificially. Vitamins must be consumed in the diet because the body is not capable of producing these metabolic regulators to supply its own needs. Vitamins are designed to perform specific metabolic tasks. If the metabolism is deficient in an essential nutrient then that task just simply cannot be performed. Health and

optimal life expression can only be sustained when we are fully functional and all necessary tasks are being performed. Your body cannot be healthy if it is missing a vital nutrient or if that nutrient has been damaged. Any disintegration of the delicate vitamin complex disables and debilitates the nutrients and renders it useless. “Devitalizing the vitamin” begins immediately upon



200x microscopic view of a USP ascorbic acid. Notice the rock-like appearance.

harvesting and continues whenever heated, mixed with chemicals, put under pressure and/or radiated-which causes the life in the vitamins to be destroyed. The use of lifeless, synthetic, artificial, fake, man-made chemicals is of no value in producing health in living cells. Understand this point very clearly a vitamin is not a single inorganic chemical produced from coal tar, petrochemicals, or corn syrup no matter what the label says. Let me give you an example of their total ineffective-

ness to support health. If a person were suffering from scurvy no amount of L-ascorbic acid, produced from corn syrup that is “legally called and sold as vitamin C” would reverse or even slow the symptoms. In contrast, one-fourth of a lemon or lime per day would completely relieve the condition. Many animal experiments have been per-

formed and have come to the same conclusion; synthetic, artificial, fake, man-made chemicals do not have normal growth and health promoting properties.

Dr. Casimir Funk, a Polish biochemist, first used the word “vitamin” in 1912 to describe a compound he isolated that would reverse and prevent a dreaded disease called beriberi. He isolated this compound from rice bran polishings produced during the processing of rice. Hence another name for beriberi was “white rice disease.” Another disease called pellagra was common in areas where milled and refined corn was part of the average diet and this lists goes on. In contrast to some of the opinions of modern society, wise people who have researched the relationship between disease and diet throughout history have identified disease conditions with refinements or deficiencies in the diet. In 1500 B.C. it was known that goose liver added to the diet could improve night blindness. Interestingly, it wasn't until 1757 that James Lind, a doctor in the British Navy, discovered that only fresh fruits and vegetables could reverse scurvy. In the mid 1800's it was discovered that cod liver oil would reverse rickets, a deficiency that causes weak bones. These and many more nutrient deficiencies have been chronicled. With each nutrient deficiency an essential function cannot be performed and health and life energy are lost. This lack of function is dysfunction, which we call disease. Linus Pauling, a two-time Nobel Prize laureate, stated that it is his opinion that all 48,000 diseases and symptoms can be traced to nutritional deficiencies. As we can see through the eyes of history and the greatest thinkers of our present time, nutritional support is critical to health and a quality life.

Today, the nutritional support from our food is nearly non-existent. The modern technology of mass production farming, genetically modified food, and long-term storage is creating

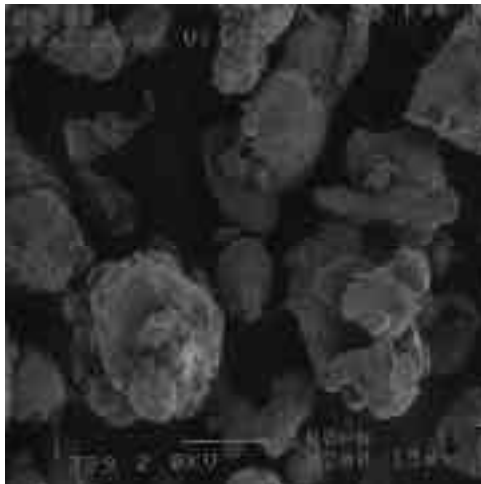
food that is nearly devoid of any life supporting nutrients as well as almost a complete lack of live food energy. Combined with the advances of food refinement we now have food that even the little that was good has been removed. In every animal study of which I am aware, no animal has been able to live close to their life expectancy on the SAD (Standard American Diet). An unbelievable fact is that even the best organically grown food is only marginally better than commercial because of the dilution of the quality of our present environment.

Let's recap the problem we face today: nutrients are minimal at best in our food, even in the best food available. In long-term storage the vitality that was there is lost and then we refine, cook, radiate or microwave it. Couple this with the idea that a deficiency creates a dysfunction and people such as Linus Pauling and many other brilliant observers throughout history have recognized that disease and symptoms arise from a condition of nutrient deficiency. We are suffering and dying premature deaths from preventable diseases. 85% of us are dying from circulatory diseases, cancer and diabetes that have been called “Diseases for Dummies” by a prominent surgeon from San Francisco, because they are preventable, at least they are in theory. So why are we still dying and suffering from these diseases of deficiencies? Scientists and researchers worldwide have spent their lives trying to find an answer to that question. Through this quest for knowledge the scientific community has been accumulating research experience. It is commonly known in higher-level research groups that the synthetic, man-made, artificially produced chemicals some call vitamins just don't work to make up for the deficiencies. If they did, we would not be having the rapid rise in preventable degenerative disease that is occurring in the 50% of the population that is using these synthetic, man-made inorganic chemicals. For the last 30 years this elite group of researchers have been trying to develop a nu-

trient dense food to use as a vitamin source. Their dilemma has been that every time they tried to create a food source vitamin concentrate, it would kill the plant because it was too concentrated. They have known that it is only possible to produce an effective metabolic nutrient through the plant kingdom; it's just that they couldn't do it.

15 years ago Patrick Shelley saw the same problem. He saw that health was being challenged due to nutrient deficiencies without a viable alternative. The technology of using rocks and chemicals that had been used for 45 years did not work and no amount of reworking or repackaging an inorganic, synthetic chemical was going to make it work. Patrick Shelley set out to do something about it. He knew that he would have to make new discoveries, create new technology, and new methods of production. Here was the challenge: create a precision nutrient delivery system with all the essential nutrients combined in the proper proportions. Stabilize and preserve not only the delicate molecular bonding structures of enzymatic activity but also the fleeting energy that vanishes within 36 hours of harvesting. Of course for convenience, they had to come from nutrient dense food

that was so concentrated that the required amounts would fit into capsules rather than cups. And then produce all of this in a cost effective manner that would enable the average person to afford his life



200x view of NutriHarmony's Real Food™ Vitamin "C". Note, the real food clusters as found in nature.. NutriHarmony products are validated by more than 150 individual tests for efficacy, toxicity, life levels and measurements to insure you fine quality for optimal benefits.

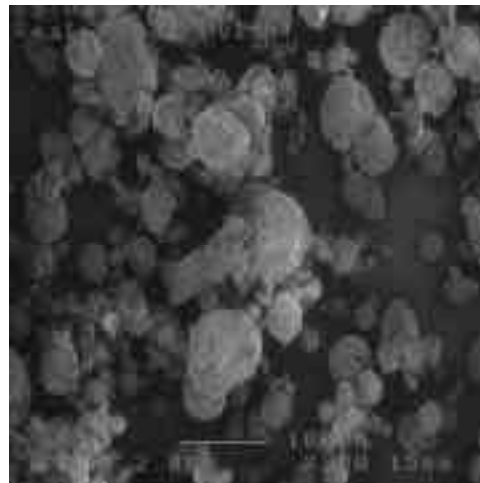
saving creation.

Patrick Shelley's starting point begins with the understanding that there is singleness to the design of man. For example, every person on earth must have food vitamin C or they will develop symptoms of scurvy, or every person must have food vitamin B1 or they will develop the symptoms of beriberi regardless of their cultural background. The first step was to discover the required nutrients and the proper ratios to create a state of optimal health. To solve this part of the mystery, he used the wisdom of observation in the largest clinical study on earth, the different cultures of mankind. He combined thousands of years of history with the best available scientific knowledge to precisely determine the nutritional support of maximum human potential. He analyzed the strengths and weaknesses of the health of different cultures throughout history. He determined what nutrients were valuable and which were not for maximum health. If he found that a culture had certain health strength, he would look in their environment to find what was supporting that advantage on the biochemical nutrient level. For instance, if the ancient Egyptians possessed a certain characteristic of mental clarity, Patrick Shelley would study the food constituents found in the pyramids and determine what would support that function. But, if they had a weak immune system evidenced by diseases in their bones, what were they lacking? He then set out to build a precision system not based on the minimal nutrients required to survive but a system that would deliver all the essential nutrients proven throughout history for optimal health. Patrick Shelley patiently developed this system and did not release his products for 15 years. He waited until he knew that he had the complete system that created the greatest nutritional benefits in the cultures of man and through recorded time. This system marks a new beginning. For the first time ever in the history of man, we have the total nutritional support for optimal health.

The baseline foundational nutrients of this nutritional support system are the essential vitamin and mineral complexes for stabilization of optimal cellular function and energy production contained in the NutriHarmony Real Food™ Multi-Vitamin/Multi-Mineral. Through the Real Food Process™ the essential nutrients of optimal health are being grown in food with living energy. They are so concentrated that 3 capsules can provide 50% of the essential optimal foundational vitamin complexes for a 180-pound man.

NutriHarmony's unique Real Food Process is the most significant nutritional breakthrough in history and marks the turning point in global health. Because of the efficiency of this unique process, essential nutrients can be grown in food in sufficient quantities to close the gap between the world's deficiencies and global optimal health. The worldwide research on these processes had been ongoing for 15 years when Patrick Shelley began his quest of discovery. Patrick Shelley's efforts led him to become the first person to solve the mystery. To break the code, he had to make several technological discoveries. Numerous steps in these processes involved solving problems that had previously confounded the most brilliant of researchers. During the production of the NutriHarmony Real Food™ Multi-Vitamin/Multi-Mineral each nutrient is grown individually with all the co-factors to produce a complete vitamin-mineral complex. Each nutrient complex of every batch is then tested to ensure not only the exacting measure of quantity, but also quality. Because nothing like these nutrients had ever been produced or measured, it forced the laboratory technicians to develop new standards of testing. It took the most experienced of the research technicians to figure out how to measure the dramatic effectiveness of the NutriHarmony™ products. Each essential nutrient is then blended in the ratio that has been proven through history to be essential for opti-

mal health. These nutrients are designed to work in harmony with our human physiologies because they are made according to the natural order of life. These nutrients are so compatible with our systems that studies demonstrate in excess of 90% absorption and utilization. Patrick Shelley could have stopped here with the creation of this multi-vitamin/multi-mineral, the finest ever, yet he decided to dramatically enhance the benefits even more. At a great cost to his profits, he added an ingredient known to have tremendous healing qualities, Aloe Vera. Knowing that the healing components contained in Aloe Vera are very fragile and yet difficult to assimilate by the human digestive system in its natural form, Patrick Shelley helped pioneered a process to dramatically increase the effectiveness of Aloe Vera while also complimenting its fragile nature. Now Aloe Vera is added in large quantities to the NHMV. I would like you to understand the concern for your health that is delivered in each capsule of the NHMV. A good quality, effective Aloe Vera product produced in the US typically has 40-mg. in a capsule



200x view of NutriHarmony's Real Food™ Multi-Vitami/ Mineral.
Note, once again the food clusters.. NutriHarmony™ products are tested and validated by more than 150 individual tests for efficacy, toxicity and many other important issues.

and is sold as a stand-alone supplement with no added features. The NHMV contains 50-mg. of enhanced Aloe Vera per capsule, 10-mg. more. The NHMV is a dramatically effective supplement if taken just for the benefits of

Aloe Vera alone. Aloe Vera has both the benefits of immune enhancement as well as increas-

ing the effectiveness of our products. Conservative research estimates state that our Aloe Vera more than doubles the effectiveness of our products by enhancing cellular function. The technical word for as such a biochemical “supercharger” is “adjuvant.”

Yet, of all the breakthrough discoveries, the most unique is that of the living energy contained in the NHMV. For the first time ever in human history the living power of life has been stabilized and preserved in the NH Biotransfor-Real Food™ products. The living power that energizes plants to transform rocks into energy-rich food can energize you to transform that food into your living system. This living energy is the power to regenerate your body. This is the same power that can build a mighty and powerful oak tree from an acorn and it is the same power that can cause a blade of grass to crack concrete. This power of life for the first time has been harnessed. The miracle of life not created but preserved, for our use to power the ongoing process of regeneration of your body is the greatest single health discovery of all time.

This advancement in science is so profound that its impact on world health will be immediate. The power of this living energy to create regeneration of our health and life will enable new levels of human potential. Yet, this technological breakthrough is so complicated in production that it may be years before technological du-

plication of this discovery is possible.

To sum up, Patrick Shelley’s technological discoveries have resulted in 4 major achievements that are contained in the NHMV.

1. The creation of a nutrient dense food vitamin source so concentrated that it can effectively make up the difference of a deficient food chain.
2. The combining of these nutrient dense food source vitamins in ratios and quantities that have proven to produce the greatest benefits in the history of mankind.
3. The proper handling techniques to preserve the delicate molecular bonding ensuring vitamin complex integrity and enzyme activity.
4. And the greatest of all the breakthroughs—the stabilization and preservation of the miracle of living energy in a capsule.

With NutriHarmony™ we are at the dawn of a new era in human development. New levels of health never before possible on earth are in our future. We will soon know the real human potential for health, strength, life expectancy and disease free living when NutriHarmony™ is added to a quality lifestyle.

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